Off-Campus Housing
-for the UCSD community-

THE HUB BASIC NEEDS CENTER
What are Basic Needs?

➔ In order to thrive as an individual, availability of certain resources is imperative...

nutritious food  stable housing  financial wellness
Our Core Values

➔ Address insecurities faced by UCSD students, staff, and community
➔ Provide necessary resources for optimal growth
➔ Break the stigma surrounding basic needs
➔ Foster a sense of belonging
➔ Build community to help one another
Our Team

Peer Educators

Professional Staff

Basic Needs Assistants

CalFresh Assistants
Timeline

2014: Strategizing begins

2015: Triton Food Pantry opens

2017: Basic Needs Coordinator hired

2018: The Hub Basic Needs Center opens

2019: Expand housing support and CalFresh access
“Sometimes I will eat once a day to save money to pay for bills.”

“My family needed some help so I gave them money, but am worried I can’t make rent the rest of the quarter.”

“I sleep in my car during the week and stay on my friend’s couch on the weekends.”
Intersection between Basic Needs and Health

- Race, class, gender, family structure, culture, citizenship status, the environment and more affects person’s physical and mental health.

- “People who have had excessive stress in their lives, as measured by multiple periods of poverty level income, show earlier aging, more depression, and an earlier decline of both physical and mental functioning” (Lynch et al. 1997b).

- Stress undermines the processes of the immune system.
### National Data on Basic Needs Challenges

#### 2 Year Institutions
- 43% Food Insecure
- 46% Housing Insecure
- 12% Homeless

#### 4 Year Institutions
- 35% Food Insecure
- 37% Housing Insecure
- 9% Homeless

### Hope Lab Data 2018

“Sizable fractions of students who were doing very poorly in college grades below the C average... were dealing with food and/or housing insecurity”.
The Hub Arrangements

➔ Remote Basic Needs/Housing/CalFresh Consultations via Zoom
➔ Grocery Shuttles every Saturday and Sunday from 10am-6pm
➔ CalFresh Webinars
➔ Affordable Grocery Store Map for San Diego
➔ Emergency Meal Assistance Program
➔ Budget Friendly Cooking Demos on Facebook
➔ Lyft Rides Assistance Program
Accessible Off-Campus Resources

➔ Doordash X Triton Food Pantry
◆ Delivers bagged groceries to students residing outside of campus within a 10 mile radius. One delivery counts as the 10 points and one visit to the TFP for the week.

➔ Grocery Shuttle
◆ Purpose: provide transportation for more ethnically reflective foods and grocery stores
◆ Goes through a couple of stops in Convoy
◆ Saturday and Sunday from 10am-6pm
The Off-Campus Housing Office offers resources to aid students in the transition from on-campus living to off-campus living.

- Coordinated by Damian Ruiz (email: doruiz@ucsd.edu)
- Provides housing consultations, lease overviews, and move in and out resources
- Emergency Housing Protocol for students displaced without housing
- Off Campus Housing Website for UCSD students
  https://offcampushousing.ucsd.edu/
Off-Campus Housing Website

- Solely for UCSD affiliates
- Property Listings
- Housing Searches
- Roommate Searches
- Tutorials for creating an account
- Resources for commuting to campus
Before Moving Off-Campus

➔ First and foremost: Identify your budget
➔ Save money for a Security Deposit and Rent
➔ Give yourself time to look at plenty of options
➔ Set a cap on how many places you will apply to
➔ Prioritize your NEEDS instead of your WANTS
➔ Consider who you want to live with
Student Timelines for Moving Off-Campus

➔ The sooner you start looking the better!
➔ Start looking at least one to two months in advance
➔ Take into consideration different factors
  ◆ Overlap between leases
  ◆ Contacting properties
  ◆ Scheduling viewings
  ◆ Applications
  ◆ Moving out/in
Searching for Housing

➔ Off-Campus Housing Website
➔ Padminner
➔ Facebook Groups
Roommate Search

When searching for roommates there are a couple of things to consider:

➔ Friends, acquaintances, or current roommates

➔ Compatibility
  ◆ Cleanliness
  ◆ Sleeping habits
  ◆ Study habits
  ◆ Homebody or partier
Roommate Agreements

The goal of a *roommate agreement* is to minimize as much future conflict as possible.

➔ Set rules and boundaries
➔ Evenly and fairly distribute space
➔ Discuss your routines and preferences
➔ Set up a cleaning schedule
Lease Agreements

➔ A lease is a legally binding contract where both the landlord/property management and renters have responsibilities.

➔ Leasing contracts vary from month-to-month, six months, nine months, and year long.

➔ A security deposit will be needed to secure the rental unit.

➔ Renters are required to notify their landlord/leasing office 30 days in advance whether they will be renewing the lease or not.

➔ After the leasing contract ends landlords/leasing offices have 21 days to return the security deposit.
How does COVID-19 affect off-campus housing for students?

For students looking for housing:

➔ Try to find apartments that offer virtual tours
➔ Connect with the Off-Campus Housing Office to schedule a housing consultation to review housing options
➔ Use online platforms to search for rooms and roommates

For students looking to get out of their lease:

➔ The COVID-19 breakout is not likely to be a cause to end a lease
➔ There are some exceptions
  ◆ If tenant has been infected by COVID-19
  ◆ If tenant is at risk and there is a higher probability of infection where tenant is currently residing
Schedule a 30 min 1:1 consultation with our Basic Needs Staff!

➔ Go to basicneeds.ucsd.edu
➔ Click Assistance Forms
   ◆ Basic Needs Assistance Form for basic needs consultations
   ◆ CalFresh Assistance Form for application assistance
   ◆ Personal Hygiene Pick Up Form
   ◆ Triton Food Pantry Order Form
Connect With Us!

Facebook: @ucsdbasicneeds
Instagram: @ucsdbasicneeds

Website: basicneeds.ucsd.edu
Email: basicneeds@ucsd.edu

Phone: (858) 246-2632

General Basic Needs Inquiries: basicneeds@ucsd.edu

Housing:
doruiz@ucsd.edu
Questions?

- What questions do you have about Off-Campus Housing?
- Do you have any questions about general Basic Needs Resources at UCSD?
- Do you have any suggestions for The Hub to better serve different communities of students?